

Physical Education & Sport Science
Sport Rehabilitation

Study Program : Bachelor
Study Plan Type : Major
Academic Year : 2022

The requirements to obtain a Bachelor degree is :-

* The minimum requirements to get a Bachelor degree in / Sport Rehabilitation / is to pass 132 credit hours, according to this study plan.

* The credit hours are distributed to get a Bachelor degree as follows :-

	Number of credit hours	
University Requirements	27.000	
Compulsory	18.000	
Elective	9.000	
Faculty Requirements	21.000	
Compulsory	21.000	
Specialization Requirments	81.000	
Compulsory	65.000	
Elective	16.000	
Free Courses	3.000	0.000
Pre-requist Courses	0.000	0.000
Total :	132.000	

University Requirements Credit Hours : 27
Requirement type : Compulsory Credit Hours :18

Course Number	Course Name	Credit Hours	Theoretical	Practical	Pre - Requisite	Cours e Type
2116011101	Arabic Communication Skills	3.000	3.000	0.000	121601099	online learning
2116021101	English Communication Skills	3.000	3.000	0.000	121602099	online learning
2214041117	Military Science	3.000	3.000			online learning
1714041118	National Education	3.000	3.000	0.000		online learning
2114041123	Leadership and Social Responsibility	2.000	2.000	0.000		online learning
2114041124	Enterpreneurship and Innovation	2.000	2.000	0.000		online learning
2114041125	Life Skills	2.000	2.000	0.000		online learning

University Requirements Credit Hours : 27
Requirement type : Elective Credit Hours :9

Course Number	Course Name	Credit Hours	Theoretical	Practical	Pre - Requisite	Cours e Type
1804001128	Cyber Hygiene	3.000	3.000	0.000	110108099	in class
2210031100	digital culture	3.000	3.000	0.000		
1916033201	Italian Language (2)	3.000	3.000	0.000	1716031101	in class
1916034101	Russian Language (1)	3.000	3.000	0.000		online learning
1916034102	Russian Language (2)	3.000	3.000	0.000		
1916034201	Japanese (2)	3.000	3.000	0.000	1716031102	in class
1916035101	Turkish Language (1)	3.000	3.000	0.000		in class
1916036101	Korean Language (1)	3.000	3.000	0.000		in class
1916036102	Korean Language(2)	3.000	3.000	0.000	1916036101	
1916037101	German Language (1)	3.000	3.000	0.000		in class
1916038101	Chinese Language (1)	3.000	3.000			online learning
1916039101	Polish Language (1)	3.000	3.000	0.000		in class
1714041101	University Life of Student	3.000	3.000			online learning
1714041102	Introduction to Psychcology	3.000	3.000			online learning
1714041104	Family and Child Education	3.000	3.000			online learning
1714041107	Citizenship and Human Rights	3.000	3.000			in class
1714041110	Islam Current Issues	3.000	3.000			in class
1714041111	Islamic Thought	3.000	3.000			online learning
1714041112	Jerusalem : Histroy and Civilization	3.000	3.000			in class
1714041113	Citizenship and Human Rights	3.000	3.000	0.000		online learning
1714041114	Histroy and Civilization of Jordan	3.000	3.000			online learning
1714041115	Sociology	3.000	3.000			in class
1714041116	Archaeology and Tourism	3.000	3.000			online learning
1714041120	Economic and Management Science	3.000	3.000			

University Requirements Credit Hours : 27
Requirement type : Elective Credit Hours :9

Course Number	Course Name	Credit Hours	Theoretical	Practical	Pre - Requisite	Cours e Type
1714041121	Law and Ordering of Our Life	3.000	3.000			online learning
1714041122	Principles of Sign Language	3.000	3.000			in class
1714041126	Humanistic Moral and Values Education	3.000	3.000			online learning
1714041127	Conflict Resolution and Accept Others	3.000	3.000			online learning
1714041128	Culultural Heritage in Jordan	3.000	3.000			
1914041130	Integrity Transperancy and anti - Corruption	3.000	3.000	0.000		online learning
1714041193	Palestinian Cause	3.000	3.000			in class
1714041194	Arabic Language and Current Issues	3.000	3.000			online learning
1814041195	Disability and Healthy Community	3.000	3.000			online learning
1814041197	Selected Topics in National Trends	3.000	3.000			
1814041198	Education for Sustainable Development	3.000	3.000			online learning
1814041199	Adjustment and Mental Health	3.000	3.000			online learning
1814041200	Introduction to Education	3.000	3.000			online learning
1914042111	Media Education	3.000	3.000	0.000		online learning
2101081139	Physical Culture	3.000	3.000	0.000		online learning
2201081140	Development and Environment	3.000	3.000	0.000		online learning
0110108104	Energy and its Sources	3.000	3.000	0.000		online learning
0110108113	Biotechnology and Society	3.000	3.000	0.000		online learning
0110108114	Automobile Essentials	3.000	3.000	0.000		
0110108115	Computer Ethics	3.000	3.000	0.000		blended learning
0110108130	Health and Nutrients	3.000	3.000	0.000		online learning
0110108131	Health Education and First Aid	3.000	3.000	0.000		online learning
0110108132	Sport and Health	3.000	3.000	0.000		online learning

University Requirements Credit Hours : 27
Requirement type : Elective Credit Hours :9

Course Number	Course Name	Credit Hours	Theoretical	Practical	Pre - Requisite	Cours e Type
0140108134	Ethics in Natural Science	3.000	3.000	0.000		online learning
0170108135	Reproductive Health	3.000	3.000	0.000		online learning
0140108166	Pharmaceutical Edification	3.000	3.000	0.000		
0121601105	Applied Arabic Language	3.000	3.000			in class
0121602102	Applied English Language	3.000	3.000	0.000		blended learning
0121602103	Technical Translation	3.000	3.000	0.000		blended learning
0141603101	Italian Language	3.000	3.000			in class
0151603102	Japanese Language (Level 1)	3.000	3.000	0.000		in class
0121603201	Spanish Language (1)	3.000	3.000			blended learning

Faculty Requirements Credit Hours : 21
Requirement type : Compulsory Credit Hours :21

Course Number	Course Name	Credit Hours	Theoretical	Practical	Pre - Requisite	Cours e Type
0110108105	General Biology (1)	3.000	3.000	0.000		in class
0110108116	Computer Skills	3.000	3.000	0.000	(1001103 AND 1001104) OR (110108099 OR 1011100)	blended learning
0110601122	Kinesiology	3.000	3.000	0.000	110601120 OR 150601150	in class
0150601150	introduction to anatomy	3.000	3.000	0.000	110108105	in class
0150602131	sportpsychology	3.000	3.000	0.000		online learning
0150602495	researchmethods in physical education	3.000	3.000	0.000		online learning
0150603110	fitness	3.000	2.000	2.000		in class

Specialization Requirments Credit Hours : 81
Requirement type : Compulsory Credit Hours :65

Course Number	Course Name	Credit Hours	Theoretical	Practical	Pre - Requisite	Cours e Type
0110601130	Introduction to Sport Rehabilitation	3.000	3.000	0.000		online learning
0110601212	Basic care and Prevention of Sport Injuries	3.000	2.000	2.000	(110601120 OR 2601111) OR 150601150	in class
0110601225	Exercise Physiologly(1)	3.000	2.000	2.000	110601120 OR 150601150	in class
0110601226	Bio-Mechanics	3.000	3.000	0.000	110601122	in class
0110601228	Sport Bio-Chemistry	3.000	3.000		110104101 OR 110108105	blended learning
0150601231	assessment of sports injuries	3.000	2.000	2.000	150601150	in class
0110601236	Therapeutic Modalities	3.000	3.000		110601120 OR 150601150	in class
0110601310	Sports Nutrition	3.000	3.000	0.000	110601225	in class
0110601316	Health Promotion	3.000	3.000	0.000	110601310 OR 2601315	in class
0110601320	Exercise Physiology(2)	3.000	2.000	2.000	110601225	in class
0110601337	Sport Rehabilitation For Special Individuals	3.000	3.000		110601236	in class
0110601390	Sport Rehabilitation Practicum (1)	1.000	0.000	2.000	110601238 OR 150601231	in class
0110601427	Independent Studies in Kinesiology	3.000	3.000	0.000	110601226	in class
0110601432	Therapeutic Exercises	3.000	2.000	2.000	110601236	in class
0110601434	Administration of Sport Rehabilitation Programs	3.000	3.000	0.000	110601130	in class
0150601450	rehabilitation of chronic dsieases	3.000	3.000	0.000	110601316	in class
0110601490	Sport Rehabilitation Practicum (2)	1.000	0.000	2.000	110601339 OR 150601231	in class
0150601498	Internship in Sport Rehabilitation (1)	3.000	0.000	9.000		in class
0150601499	Practicum (2)	3.000	0.000	9.000	150601498	in class
0150602112	motor learning	3.000	3.000	0.000		in class
0150602324	Teaching methods and styles in physical education	3.000	3.000	0.000		in class
0110603310	Principals of Sport training	3.000	3.000		110601225	in class
0110603439	Measurement And Evaluation in Sport Training	3.000	3.000			in class

Specialization Requirments Credit Hours : 81
Requirement type : Elective Credit Hours :16

المجموعة الاولى يختار الطالب 6 ساعات كحد أقصى من

Course Number	Course Name	Credit Hours	Theoretical	Practical	Pre - Requisite	Cours e Type
0110601173	Aerobics	2.000	1.000	2.000	110603150 OR 150603110	in class
0110603212	Weight Training	2.000	1.000	2.000	110603150 OR 150603110	in class
0150603241	football	2.000	1.000	2.000	150603110 OR 110603150	in class
0150603242	basketball	2.000	1.000	2.000	150603110 OR 110603150	in class
0150603243	Volleyball	2.000	1.000	2.000	150603110 OR 110603150	in class
0150603244	handball	2.000	1.000	2.000	150603110 OR 110603150	in class
0150603252	track and field	2.000	1.000	2.000	150603110 OR 110603150	in class
0150603254	swimming	2.000	1.000	2.000	150603110 OR 110603150	in class
0150603255	gymnastics	2.000	1.000	2.000	150603110 OR 110603150	in class
0150603262	table tennis	2.000	1.000	2.000	150603110	in class
0110603361	Badminton	2.000	1.000	2.000	110603150 OR 150603110	

المجموعة الثانية يختار الطالب 10 ساعات كحد أقصى من

Course Number	Course Name	Credit Hours	Theoretical	Practical	Pre - Requisite	Cours e Type
0150601141	health education	3.000	3.000	0.000		in class
0150601200	Ethics in Athletic Traninig	1.000	1.000	0.000		in class
0110601227	Bio-Mechanics Laboratory	1.000	0.000	2.000	110601226 synchronous	in class
0110601230	Pathology of Sports Injury	3.000	3.000	0.000	110601120 OR 150601150	in class
0110601319	Disability and Rehabilitation Psychology	3.000	3.000		110603132 OR 150602131	in class
0150601400	Posture Rehabilitation	3.000	3.000	0.000	110601212 OR 150601251	in class
0110601413	Fitness Assessment and Exercise Programming	3.000	2.000	2.000	110601320	in class
0110601419	Hormones and Exercise	3.000	3.000		110601310	
0110601421	Biomechanical Analysis of Sport Performance	3.000	2.000	2.000	110601226	in class

Specialization Requirments Credit Hours : 81
Requirement type : Elective Credit Hours :16

Course Number	Course Name	Credit Hours	Theoretical	Practical	Pre - Requisite	Cours e Type
0110601439	Special Topics in Therapeutic & Sport Rehabilitation	3.000	3.000			in class

Pre-Requist Courses Credit Hours : 0
Requirement type : Credit Hours :0

Course Number	Course Name	Credit Hours	Theoretical	Practical	Pre - Requisite	Cours e Type
0001001096	Computer Skills Test	0.000	0.000	0.000		in class
0110108099	Computer Skills/ Prerequisite	3.000	3.000	0.000	1001096	online learning
0002110096	Arabic Placement Test	0.000	0.000	0.000		in class
0002120096	English Placement Test	0.000	0.000	0.000		in class
0121601099	Arabic Language / Pre-requisite	3.000	3.000		2110096	online learning
0121602099	English Language / Pre-requisite	3.000	3.000		2120096	online learning
0110603099	Primary Physical Conditioning	2.000	2.000	0.000		in class

free study materials are (3) credit hours, The student chooses it from any of the courses offered by the university departments.