

Courses Description

College: Physical Education & Sport Science

Department: Sport Coaching & Management

Course ID: 603222 **Description:** Soccer (1) Males

Full Course Description: This course deals with identifying the basic soccer skills which include warming-up, running with ball, passing, controlling, heading, and shooting. The course also aims at understanding the law points, technical points, teaching and, training methods, and some theoretical subjects that relates to the game.

Course ID: 603223 **Description:** Basketball (1)

Full Course Description: The course aims at make the students gain skills and basic movements in Basketball (passing, dribbling, shooting and standing position) as well as to gain knowledge about the rules of the game, also to study the theoretical issues related to the teaching methods.

Course ID: 603224 **Description:** Volleyball (1)

Full Course Description: This course deals with identifying the volleyball concepts, its history, and basic skills (serving, receiving, setting, passing, offense, and defense), and understanding the volleyball rules.

Course ID: 603225 **Description:** Handball (1)

Full Course Description: This course defines the principles and concepts of playing handball, basic skills: (passing shooting, running with the ball, offense, and defense) and game rules (court diagram, position of the players, players, ball, fouls and penalties). Also provides an understanding of the game requirements (agility, coordination, determination, endurance, strength, speed, and precision).

Course ID: 603226 **Description:** Soccer for women

Full Course Description: This course deals with identifying the basic soccer skills, which include warming-up, running with ball, passing, control, heading, shooting, and understanding the law points, technical points, teaching points, training points, and some theoretical subjects that relates to the game.

Course ID: 603233 **Description:** Swimming (1)

Full Course Description: This course will teach students the basic skills in swimming (floating, crawl swimming, and back swimming), competition rules, in addition to the theoretical and practical methods of teaching.

Course ID: 603234 **Description:** Gymnastics (1)

Full Course Description: This course will teach students the basic skills of floor exercise, vault (male and female students), parallel bars (male students), and develop knowledge in the legal aspects, in addition to the theoretical and practical methods of teaching.

Course ID: 603251 **Description:** Racquetball (Badminton and table tennis)

Full Course Description: This course deals with the study of the theoretical and practical knowledge associated with tournament games (table tennis, badminton) in terms of basic skills (Grabs tribunals, backward strikes, forward strikes, overwhelming strikes, and serve). The course will also deal with the theoretical and practical applications of the legal aspects of every game, as well as the theoretical aspects concerning the ways of education.

Course ID: 603271 **Description:** Sport Management

Full Course Description: This course introduces the basic concepts, theories, and organization of administration in the sport field. Also introduces the major functions of management: planning, organizing, staffing, directing, leading and decision making, and their applications in organized sport settings.

Courses Description

College: Physical Education & Sport Science

Department: Sport Coaching & Management

Course ID: 603313 **Description:** Rythemic Exercises

Full Course Description: The course provides analysis of the rhythmical forms of movement, how to incorporate the principal elements of dance improvisation, and the craft of improvisation using the principles of dance as an art form will be explored.

Course ID: 603322 **Description:** Football

Full Course Description: This course aims at identifying the basic soccer skills which include warming-up, running with ball, passing, controlling, heading, and shooting. The course also aims at understanding the law points, technical points, teaching and, training methods, and some theoretical subjects that relates to the game.

Course ID: 603323 **Description:** Basketball

Full Course Description: The course aims at teaching students the basic skills and movements of the Basketball game (passing, dribbling, shooting and standing position); as well as, to gain knowledge about the game rules and theoretical issues related to the teaching methods.

Course ID: 603324 **Description:** Volleyball

Full Course Description: This course is designed to teach fundamental skills of volleyball (passing, setting, spiking, serving, rotation, and substitution).

Course ID: 603325 **Description:** Handball

Full Course Description: The course aims at teaching students the principles and concepts of playing handball, basics skills (passing shooting, running with the ball, attacking, defending), the game rules (the handball court diagram, the position of the players, the players, the ball, the match, fouls and penalties), and the game requirements (agility, coordination, determination, endurance, strength, speed, and accuracy).

Course ID: 603331 **Description:** Theory and Practice of Individual Sports

Full Course Description:

Course ID: 603333 **Description:** Swimming

Full Course Description: This course aims at teaching students the basic skills of swimming (floating and buoyancy, support and propulsion, basic backstroke, breathing, glide, sidestroke, crawl stroke, breaststroke, and personal safety), the competition and game rules, and the theoretical and practical methods of teaching.

Course ID: 603334 **Description:** Gymnastics

Full Course Description: This course aims at teaching students the gymnastics theory, basic skills, techniques (floor exercise, vault, and parallel bars), legal aspects, and the theoretical and practical methods of teaching.

Course ID: 603341 **Description:** Weight Training

Full Course Description: The course provides guidelines for safe lifting and spotting conditioning in the strength training facility and the core of safe and effective strength training programs in a proper exercise execution. Explain the essential techniques involved in weight training exercises and spotting, establish the proper griping, stable position, inhale and exhale at the proper time, types of exercises performed and equipment involved, and strength training exercises like: abdominals, Back, Biceps, chest, legs, shoulder, explosive power exercises (power clean, snatch), and applying knowledge of strength training.

Course ID: 603382 **Description:** Measurment and Evaluation in Physical Education

Full Course Description: a

Course ID: 603456 **Description:** Badminton

Full Course Description: This course aims at teaching students the basic skills of badminton, game strategies, terminology, competition and game rules scoring, equipments, and safety.

Courses Description

College: Physical Education & Sport Science

Department: Sport Coaching & Management

Course ID: 603471 **Description:** Management in Sport Activity & Recreatinal

Full Course Description:

Course ID: 603491 **Description:** Seminar

Full Course Description: Students will participate in and lead discussions regarding current issues and topics in sports.

Course ID: 2603281 **Description:** Principles Of Sport Training

Full Course Description: The course provides students with challenging curriculum and experience on fundamentals of Coaching and principles of training; the course also explains the concept of training load and its components (Intensity, volume, Density, Complexity) and the means to measure and apply these components. Furthermore, discuss the conventional training methods for endurance, strength, power, and flexibility.

Course ID: 2603312 **Description:** Health-Related Physical Fitness

Full Course Description: The course provides a study of fitness and wellness and their relation to healthy lifestyle; evaluates the student's level of fitness and wellness, and motivates the student to incorporate physical fitness and wellness into daily living.

Course ID: 2603323 **Description:** Basketball (2)

Full Course Description: The course will teach students the basic skills as well as game strategies skill, rules of the game, game plans, psychological preparation, and referee.

Course ID: 2603324 **Description:** Volleyball (2)

Full Course Description: This course deals with identifying the basic skills in volleyball and how they relate to the team traffics and understanding team shapes.

Course ID: 2603325 **Description:** Handball (2)

Full Course Description: This course aims at teaching students the basic skills of handball. It also aims at teaching students the game tactics as well as the law of the game. In this course the existing skills will be further developed. Additionally, the defense and ofense tactics and the game law will be addressed.

Course ID: 2603331 **Description:** Rhythmic movements (2) Females

Full Course Description: The main aim of this course is to refocus on the basic skills that were taught in the previous course (Rhythmic movements (1)). In addition, the course aims at teaching female students the basic skills of rhythmic movements using small equipments (e.g scarf). These rhythmic movements will be performed in the presence of music.

Course ID: 2603332 **Description:** Athletics (2)

Full Course Description: This course aims at teaching students the basic skills of track and field events which include running, steeplechase, triple jump, pole vault, javelin throw, hammer throw, decathlon, and pentathlon events. Students should perform these skills and teach them, and gain knowledge about the theoretical side of these events, and there historical development and rules of competition.

Course ID: 2603333 **Description:** Swimming (2)

Full Course Description: This course is integral for swimming (1) so it will develop the performance of the previous skills and to teach students basic skills of breast and butterfly swimming. And provide more information about competitions rules, so the student could teach and train.

Course ID: 2603334 **Description:** Gymnastics (2)

Full Course Description: This course will teach students the basic skills in pommel horse, still rings (male students), floor exercise, vault, beam (female students), and develop knowledge in the game law and rules, and referee in gymnastics.

Courses Description

College: Physical Education & Sport Science

Department: Sport Coaching & Management

Course ID: 2603422 **Description:** Coaching And Management in Soccer

Full Course Description: This course aims at teaching students the concepts of soccer game coaching and management, training and play regiments, team selection, equipment selection, and conduct of games.

Course ID: 2603423 **Description:** Coaching And Management in Basketball

Full Course Description: This course aims at teaching students the concepts of management unique to coaching basketball game, game strategies, training and playing techniques, team selection, and equipment selection.

Course ID: 2603424 **Description:** Coaching And Management in Volleyball

Full Course Description: This course aims at teaching students the concepts of management unique to coaching volleyball game, game strategies, training and playing techniques, team selection, and equipment selection.

Course ID: 2603425 **Description:** Coaching And Management in Handball

Full Course Description: This course aims at teaching students the management concepts of coaching handball game, game strategies, training techniques, playing styles, team selection, and equipment selection.

Course ID: 2603432 **Description:** Coaching And Management in track And Field

Full Course Description: This course aims at teaching students the management concepts of coaching different track and field events, strategies, training techniques, performing styles, player's selection, event selection, and equipment selection.

Course ID: 2603433 **Description:** Coaching And Management in Swimming

Full Course Description:

Course ID: 2603434 **Description:** Coaching And Management in Gymnastics

Full Course Description:

Course ID: 2603442 **Description:** Coaching And Management in Contest

Full Course Description:

Course ID: 2603462 **Description:** Coaching And Management in Self-Defense

Full Course Description: The course objective is to define the methods of coaching judo, karate, and Takwando, which include conditioning, practice organization, team selection, conduct of games, and equipment selection.

Course ID: 3603322 **Description:** Soccer (2) Males

Full Course Description: This course aims at developing the game related motor skills (in presence of a negative, or a positive component), and focus on the physical fitness that relates to the game (theory and practice). Gain knowledge about the methods of teaching and training the game. Also discuss the basic concepts of defense and offense, and explain the game rules (practice and theory), and identifying the fustal events (technique and law).

Course ID: 3603361 **Description:** Sport Legislations and Law

Full Course Description: a

Course ID: 110603099 **Description:** Primary Physical Conditioning

Full Course Description: l

Course ID: 110603150 **Description:** Physical Conditioning(1)

Full Course Description: a

Courses Description

College: Physical Education & Sport Science

Department: Sport Coaching & Management

Course ID: 110603212 **Description:** Weight Training

Full Course Description: The course introduces the student to the activity of weight training. Included are the proper techniques, various exercises, and safety measures involved in this type of physical activity. The students will learn to design and implement a weight training program to develop the fitness components

Course ID: 110603220 **Description:** Sport administration

Full Course Description: This course will examine the historical development, current trends, and best practices of sport management. Foundational principles will be taught: planning, organizing, directing, leading decision making, and controlling. In addition, ways of organizing sports competitions and tournaments, and management of sports festivals and celebrations will be presented

Course ID: 110603231 **Description:** Adapted Physical Education

Full Course Description: This course is designed to give students a background about the types of physical disabilities and behavioral disorders and how to effectively teach physical activity to individuals with disabilities. Additionally, this course is constructed to facilitate the students understanding of the specific characteristics of disabled individuals in order to realize their limitations, and especially to maximize their potential. Furthermore, this class is designed to enhance the students ability to effectively adapt modify theactivities, tools and equipment andplay areas in order to meet the needs of disabled individuals.

Course ID: 110603240 **Description:** Physical Conditioning(2)

Full Course Description: a

Course ID: 110603241 **Description:** Soccer (1)

Full Course Description: This course is designed to give students the opportunity to learn and develop fundamental and advanced skills of soccer. Basic skills include ball control, passing, dribbling, heading, and goalkeeping. In addition, the course introduces the theory and methods of coaching soccer. Students will learn the laws and rules governing the game.

Course ID: 110603242 **Description:** Basketball (1)

Full Course Description: The purpose of this course is to learn the basic skills and techniques of basketball which include catching the ball, passing, dribbling, shooting, and screening. The course also introduces the theory and methods of coaching basketball and rules of the game.

Course ID: 110603243 **Description:** Volleyball (1)

Full Course Description: The purpose of this course is to learn the basic skills and techniques of volleyball which include serving, passing, setting, attacking, blocking, and spiking. The course also introduces the theory and methods of coaching basketball and rules of the game.

Course ID: 110603244 **Description:** Handball (1)

Full Course Description: The purpose of this course is to learn the basic skills and techniques of handball which include passing and catching, shooting, blocking, and feinting. The course also introduces the theory and methods of coaching basketball and rules of the game.

Course ID: 110603254 **Description:** Swimming (1)

Full Course Description: This class will introduce students to concepts of swimming that will enable participants to float and swim. This course will focus on beginning techniques of swimming, basic swimming skills, and standard swimming strokes: freestyle, backstroke, breaststroke, and butterfly. Safety rules and swimming laws are also presented in this course.

Course ID: 110603255 **Description:** Gymnastics (1)

Full Course Description: This course is designed to introduce and develop the basic skills of gymnastics. It aims to teach the students the basic skills and movements of gymnastics. In addition, it introduces rules of the game and organizing tournaments

Courses Description

College: Physical Education & Sport Science

Department: Sport Coaching & Management

Course ID: 110603310 **Description:** Principals of Sport training

Full Course Description: This course looks into the importance of sport training, its scientific principles, and characteristics. It shed light on training loadand its components(volume, intensity, frequency) and methods and types ofsport training(fartlek, continuous, interval, circuit). This course will equip students with the necessary coaching skills that will enable them to successfully plan and implement effective sport coaching sessions.

Course ID: 110603311 **Description:** Training physical fitness for athletes

Full Course Description: a

Course ID: 110603327 **Description:** Total quality management in Sport

Full Course Description: A

Course ID: 110603329 **Description:** Management of human resources

Full Course Description: A

Course ID: 110603335 **Description:** Athletes Psychological Preprations

Full Course Description: The purpose of this course is to provide the theoretical foundations for topics related to psychological preparation of athletes before competition, during the competition, and after the competition. Students will be able to develop skills to help the players develop qualities like self awareness, and control, positive attitude, self confidence, and determination. Also, to deal with negative emotions like anxiety, fear of competition and arousal.

Course ID: 110603336 **Description:** Recreation and outdoors activities

Full Course Description: This course is designed to give students a background about recreation and leisure times and it is effect on people's lives. The course identifies the management methods utilized to organize and operate the recreational and outdoor activities such as camping and trips. Emphasis is placed on investing leisure time in a positive way.

Course ID: 110603337 **Description:** Nutritional Ergogenic Aids

Full Course Description: a

Course ID: 110603340 **Description:** Soccer (2)

Full Course Description: A

Course ID: 110603342 **Description:** Basketball (2)

Full Course Description: A

Course ID: 110603343 **Description:** Volleyball (2)

Full Course Description: A

Course ID: 110603344 **Description:** Handball (2)

Full Course Description: A

Course ID: 110603354 **Description:** Swimming (2)

Full Course Description: A

Course ID: 110603355 **Description:** Gymnastics (2)

Full Course Description: A

Course ID: 110603357 **Description:** Self-Defense

Full Course Description: This course deals with the principles of teaching the basic skills of (judo, karate, taekwondo). It also presents ways and methods for selecting and training juniors. Methods of measurement and evaluation and building training programs are also emphasized

Course ID: 110603358 **Description:** Mini Games

Full Course Description: A

Courses Description

College: Physical Education & Sport Science

Department: Sport Coaching & Management

Course ID: 110603359 **Description:** Athletics (2)

Full Course Description: A

Course ID: 110603361 **Description:** Badminton

Full Course Description: This course is designed to teach the fundamental skills of badminton. Emphasis is placed on the forehand, backhand, serve, and strategies for individual and team play. Also, the course includes game rules, scoring, terminology, and etiquette.

Course ID: 110603362 **Description:** Life Saving

Full Course Description: A

Course ID: 110603410 **Description:** Planning and periodization in sport

Full Course Description: This course is designed to give students a background about the types of training programs and how to effectively plan and supervise them. The course looks at the contents of the training plan, its cycles (Macrocycle&Microcycle) and types which are employed in competitions. The students will learn how to develop and deliver basic training sessions and programs suitable for athletes in different sports

Course ID: 110603412 **Description:** Independent studies in athletic performance

Full Course Description: a

Course ID: 110603421 **Description:** Leadership in Sport

Full Course Description: The aim of this course is to introduce the concept of leadership and its importance for coaches and general managers of sports teams. Theories and styles of leadership and their application in sports will be discussed. Also, characteristics and qualities that make a good leader and his effect on individuals will be introduced and discussed.

Course ID: 110603430 **Description:** Teaching Modalities in Physical Education

Full Course Description: a

Course ID: 110603438 **Description:** Teaching Methods in Physical Education

Full Course Description: A

Course ID: 110603439 **Description:** Measurement And Evaluation in Sport Training

Full Course Description: This course introduces the concept of measurement and evaluation in physical education, its purposes, characteristics and the principles of selecting and developing tests. In addition, the course will define procedures of data collection, and test validity and reliability. Moreover, statistical concepts such as mean, median, mode, standard deviation, variance, correlation coefficient, and p value are presented and discussed.

Course ID: 110603441 **Description:** Coaching in Soccer

Full Course Description: A

Course ID: 110603443 **Description:** Coaching in Volleyball

Full Course Description: A

Course ID: 110603444 **Description:** Coaching in Handball

Full Course Description: A

Course ID: 110603445 **Description:** Coaching in Basketball

Full Course Description: A

Course ID: 110603449 **Description:** Coaching in Self-Defense

Full Course Description: A

Course ID: 110603450 **Description:** Coaching in Swimming

Full Course Description: A

Courses Description

College: Physical Education & Sport Science

Department: Sport Coaching & Management

Course ID: 110603457 **Description:** Coaching in Gymnastics

Full Course Description: A

Course ID: 110603458 **Description:** Coaching racket sports

Full Course Description: A

Course ID: 110603459 **Description:** Coaching in track And Field

Full Course Description: A

Course ID: 110603466 **Description:** Fencing

Full Course Description: A

Course ID: 110603467 **Description:** Taekwondo

Full Course Description: A

Course ID: 110603468 **Description:** Judo

Full Course Description: A

Course ID: 110603470 **Description:** Cycling

Full Course Description: A

Course ID: 110603498 **Description:** Practical Field Training

Full Course Description: The field training course aims to give students a real opportunity to train in clubs and sport federations. The students deal with different topics related to sport management during the field training period. They design, plan, implement, evaluate and direct various training modules related to their career emphasis.

Course ID: 150603110 **Description:** fitness

Full Course Description: The course aims to prepare the students physically and provide them with information about fitness and its components. The course also discusses the components of physical fitness, the methods to measure each component, and how to develop them. Moreover, it shows how to use different training devices and appropriate ways for developing the components of physical fitness.

Course ID: 150603224 **Description:** sport marking

Full Course Description: The purpose of this course is to introduce an overview of various aspects of sport marketing and the application of basic principles of sport marketing. This course will provide students with an up-to-date understanding of marketing concepts as they are currently being applied in various sport management contexts. Topics include sport marketing planning, market segmentation and identification of the target market, consumer behavior, sport marketing mix, and sponsorship.

Course ID: 150603241 **Description:** football

Full Course Description: This course is designed to give students the opportunity to learn and develop fundamental and advanced skills of soccer. Basic skills include ball control, passing, dribbling, heading, and goalkeeping. In addition, the course introduces the theory and methods of coaching soccer. Students will learn the laws and rules governing the game.

Course ID: 150603242 **Description:** basketball

Full Course Description: The purpose of this course is to learn the basic skills and techniques of basketball which include catching the ball, passing, dribbling, shooting, and screening. The course also introduces the theory and methods of coaching basketball and rules of the game.

Course ID: 150603243 **Description:** Volleyball

Full Course Description: The purpose of this course is to learn the basic skills and techniques of volleyball which include serving, passing, setting, attacking, blocking, and spiking. The course also introduces the theory and methods of coaching basketball and rules of the game.

Courses Description

College: Physical Education & Sport Science

Department: Sport Coaching & Management

Couse ID: 150603244 **Description:** handball

Full Course Description: The purpose of this course is to learn the basic skills and techniques of handball which include passing and catching, shooting, blocking, and feinting. The course also introduces the theory and methods of coaching basketball and rules of the game.

Couse ID: 150603252 **Description:** track and field

Full Course Description: This course introduces the fundamentals, skills and strategies of track and field events (jumping, throwing, and running) and focuses on learning how to correctly execute them. Emphasis will be placed on coaching principles and methods to the various events in the sport of track and field. Also, the course introduces the rules and regulations of track and field.

Couse ID: 150603254 **Description:** swimming

Full Course Description: This class will introduce students to concepts of swimming that will enable participants to float and swim. This course will focus on beginning techniques of swimming, basic swimming skills, and standard swimming strokes: freestyle, backstroke, breaststroke, and butterfly. Safety rules and swimming laws are also presented in this course.

Couse ID: 150603255 **Description:** gymnastics

Full Course Description: This course is designed to introduce and develop the basic skills of gymnastics. It aims to teach the students the basic skills and movements of gymnastics. In addition, it introduces rules of the game and organizing tournaments

Couse ID: 150603256 **Description:** rhythmic movements

Full Course Description: The course aims to teach female students the basic motor skills of the various parts of the body with concentration on legs and hands movements. In addition, the course aims at teaching female students the basic skills of rhythmic movements using small equipment's (e.g. scarf). These rhythmic movements will be performed in the presence of music

Couse ID: 150603262 **Description:** table tennis

Full Course Description: Emphasis in this course will be on learning fundamental table tennis skills and drills, basic tactics and strategies, basic etiquette and rules, and applications of the knowledge and skills in games.

Couse ID: 150603263 **Description:** squash

Full Course Description: This course is designed to teach the fundamental skills of Squash. Emphasis is placed on the forehand, backhand, serve, and strategies for individual and team play. Also, it includes rules, scoring, terminology, and etiquette.

Couse ID: 150603264 **Description:** tennis

Full Course Description: This course is designed to teach the fundamental skills of tennis. Emphasis is placed on the forehand, backhand, serve, and strategies for individual and team play. Also, the course includes game rules, scoring, terminology, and etiquette.

Couse ID: 150603265 **Description:** water rescue

Full Course Description: This course provides participants with the knowledge and skills necessary to prevent, recognize, and respond to aquatic emergencies. It also prepares participants for aquatic emergencies by teaching them how to protect themselves while assisting others. In addition to classroom work emphasizing safety and rescue skills, emphasis in the pool is placed on refinement of paddle strokes and rolling techniques

Courses Description

College: Physical Education & Sport Science

Department: Sport Coaching & Management

Course ID: 150603327 **Description:** sport law and legislation

Full Course Description: This course is designed to give students a background of the types of sport organizations (the Higher Council of Youth, Sports Federations, and Olympic Committee). The course provides students with an understanding of the legal issues involved in the operation and management of organizations in the sport industry, and to equip students with the skills and strategies needed to effectively work with business executives and lawyers to resolve these issues. The course will focus on the practical application of laws, rules and regulations to situations current students will likely face when they become sport managers.

Course ID: 150603328 **Description:** sport facility management

Full Course Description: This course is designed to study the principles, guidelines and recommendations for planning, construction, use, and maintenance of indoor and outdoor sport and fitness facilities. It will also discuss the fundamental aspects of purchasing, storing, distribution, and maintaining sport equipment's.

Course ID: 150603361 **Description:** Badminton

Full Course Description: This course is designed to teach the fundamental skills of badminton. Emphasis is placed on the forehand, backhand, serve, and strategies for individual and team play. Also, the course includes game rules, scoring, terminology, and etiquette.

Course ID: 150603422 **Description:** sport media and Public relation

Full Course Description: This course examines the impact sports and the mass media have had and are continuing to have on each other. In addition, this course focuses on the history of sports writing, advertising, reporting, editing, and sports broadcasting. In this course the students will also learn about the theory and practice of public relations with emphasis on public relations function within sport organizations. Students will study the evolution of the field, the range of roles and responsibilities that public relations practitioners assume in a variety of setting.

Course ID: 150603425 **Description:** knowledge management in sport

Full Course Description: The course aims to provide students with knowledge about knowledge management, its characteristics, and its importance in the field of sports. Emphasis is placed on the most important processes of knowledge management: knowledge creation, knowledge storage and organization, knowledge transfer and sharing, knowledge application. The course also addresses the intellectual capital and its relationship to explicit and implicit sports knowledge.

Course ID: 150603441 **Description:** football training and managment

Full Course Description: This course offers advanced instruction and analysis of the fundamental skills, techniques, offensive and defensive fundamentals, rules, and organizational methods. Emphasis is placed on game strategies, and selected techniques of coaching soccer. Upon completion, students should be able to demonstrate competent coaching skills in football.

Course ID: 150603442 **Description:** basketball traning and management

Full Course Description: This course offers advanced instruction and analysis of the fundamental skills, techniques, offensive and defensive fundamentals, rules, and organizational methods. Emphasis is placed on game strategies, and selected techniques of coaching basketball. Upon completion, students should be able to demonstrate competent coaching skills in basketball.

Course ID: 150603443 **Description:** vollyball training and managment

Full Course Description: This course offers advanced instruction and analysis of the fundamental skills, techniques, offensive and defensive fundamentals, rules, and organizational methods. Emphasis is placed on game strategies, and selected techniques of coaching volleyball. Upon completion, students should be able to demonstrate competent coaching skills in volleyball

Courses Description

College: Physical Education & Sport Science

Department: Sport Coaching & Management

Course ID: 150603444 **Description:** handball training and managment

Full Course Description: This course offers advanced instruction and analysis of the fundamental skills, techniques, offensive and defensive fundamentals of handball. Emphasis is placed on game strategies, and selected techniques of coaching handball. Upon completion, students should be able to demonstrate competent coaching skills in handball.

Course ID: 150603452 **Description:** track and field training and management

Full Course Description: This course introduces the theory and methods of coaching track and field events. Emphasis is placed on developing motor skills and strength necessary to perform track and field movements, and coaching techniques. Upon completion, students should be able to demonstrate drills associated with each event and design and mark 400m running track

Course ID: 150603454 **Description:** swimming training and management

Full Course Description: This course introduces the theory and methods of coaching swimming. Emphasis is placed on the different styles of swimming, developing daily and annual training plans, methods of training, and swimming rules. Upon completion, students should be able to demonstrate exercises associated with each swimming style.

Course ID: 150603455 **Description:** gymnastics training and management

Full Course Description: This course offers advanced instruction and analysis of the fundamental skills, techniques of gymnastics. Emphasis is placed on safety measures, selecting juniors, developing daily and annual training plans, methods of training, and gymnastics rules and scoring. Upon completion, students should be able to demonstrate exercises associated with gymnastics.

Course ID: 150603497 **Description:** contemporary issues in cosching and sport management

Full Course Description: This course is designed to study and discuss some of the problems and issues prominent in the field of sport management and sport training. The students will choose a current problem in the field and conduct research study and present in class.

Course ID: 150603498 **Description:** Practicum (1)

Full Course Description: The field training course aims to give students a real opportunity to train in clubs and sport federations. The students deal with different topics related to sport management during the field training period. They design, plan, implement, evaluate and direct various training modules related to their career emphasis

Course ID: 150603499 **Description:** Practicum (2)

Full Course Description: منت